



My Carer's Assessment Review

What you need to know for a review meeting
from adult social services



My Review Meeting



This factsheet can help me to prepare for my Carer's assessment review which will be a further conversation to explore what is working well and anything I may need to reconsider/change to promote my health and wellbeing



I can make reference to this throughout our conversation



I can make notes at the end so that I remember the important things I wish to discuss and explore

You can access the information contained in this booklet in British Sign Language (BSL) video format by scanning the QR code using a smartphone or Android device



My Carers Assessment Review

This factsheet is to help you get ready for your review. Keep it somewhere safe. You may want to use it during and after your review too. In the printable version, there is space for you to write notes. This is to help you remember things you want to talk about or ask us.

Things you may want to ask us or talk about

To get the most out of your meeting with a social care worker, it is good to be prepared. You could start to think about:

- Your current support network including family and friends
- Your care plan outcomes and whether these are working for you
- What you think is going well and anything you would like to change

Talking to a social care worker

Together, over 30 minutes - 2 hours, we will review how everything has been progressing for you since your assessment or last review and we will review your care plan together. We will explore how you can continue to sustain your positive relationships and live a life that is good for you. We will also discuss any further information or advice that may be helpful.

We will agree with you:

Which other organisations either you or we will contact if appropriate

We will:

Send you a copy of your review conversation and your care plan

What if?

What if I need support to express my views and wishes?

We will take time to understand what your communication needs are. We can make use of interpreters, sign language interpreters, picture cards and more!

What if I need further assistance and have no family, or friends to help?

We can connect you to an advocate who can help you to ensure your needs and wishes are heard and challenge any decisions you are unhappy with

How will I know if things are working well?

I will feel like I matter

I will understand what support I am entitled to and be supported to access this

I will feel like I have been listened to

I will feel valued as a unique person full of skills, strengths and goals

How to contact us:

Adult Social Care

To get more information about adult social care services you can:

Go online: Lancashire.gov.uk and click 'Health and Social Care'

Call: 0300 123 6720 or out of hours 0300 123 6722

Are you worried about somebody?

To get more information about adult social care services you can:

Go online: Lancashire.gov.uk and click 'Health and Social Care' and then 'Safeguarding Adults'.

Call: 0300 123 6720.

Compliments, Complaints or Feedback?

Go online: Please complete the online form from [Lancashire.gov.uk](https://lancashire.gov.uk)

If you prefer you can:

Call: 0300 123 6720.

Email: complaintsandfeedback@lancashire.gov.uk

I can now use this space to make a note of anything important to me that I would like to share during our conversation: