## **Wellbeing Principle**

This visual tool will support you to embed the principle of 'wellbeing' into your practice.

The Care Act 2014, Section 1, introduced the core principle that local authorities **must** promote wellbeing when carrying out any of their care and support functions in respect of a person. This is referred to as "the wellbeing principle" because it is the guiding principle that puts wellbeing at the heart of care and support.

All areas of wellbeing should be considered of equal importance.

The individual's contribution to society

Personal dignity (including treatment of the individual with respect)

Physical and mental health and emotional wellbeing

Suitability of living accommodation

## Wellbeing

Protection from abuse and neglect

Domestic, family and personal

Social and economic wellbeing

Participation in work, education, training or recreation

Control by the individual over day-to-day life (including over care and support

